
T-shirts. I would like a T-shirt. \$10/ea.
Child sizes: M L
Adult sizes: S M L XL 2XL
NOTE: turn in check by September 17th.
(payable to Antioch Church)

I will be eating breakfast at UPB.

I need childcare for my children (nursery
- kindergarten):



Second Harvest Food Bank.
1020 Jericho Drive, Kingsport
9am-12noon 10 people
Volunteers will be packing and preparing food for distribution to families in need throughout the eight county area served by Second Harvest. Activities will include lifting, sorting, organizing, bagging and labeling.

Agape Nursing Home.
505 North Roan Street
(Time TBD) 3 people **CF**
Coloring with residents.

Breakfast Cleanup Crew and Lunch Prep/Delivery
(University Parkway Baptist Church) **YF**
219 University Parkway
9am-1pm 3 people
This team will clean up from breakfast and assemble lunches from the lunch orders received and deliver them to the various LoveJC United work sites. Drivers are also needed to distribute these lunches.

Cookie Bake For Kids. (University Parkway Baptist)
219 University Parkway
9am-12noon Children aged 7+ **CF**
Volunteers will bake cookies for shut-ins and other area ministries.

Tweetsie Trail Water Station. 5 people **CF**
Two groups of kids will provide bottled water for thirsty Tweetsie Trail users – one in the morning from 10am-12noon, and one in the afternoon from 1-3pm. Five people are needed for each shift.

Collection Items

You can serve by providing these lunch items: Bag lunches will be made for many of the volunteers working at the project sites. Lunch items are needed and they include: bread, peanut butter, jelly, ham, cheese, bags of chips, candy bars, fruit, cookies, bottled water, sandwich baggies, napkins and lunch bags.

For drop-off instructions for these collected items contact your church's LoveJC United coordinator.

A Project Leader will contact you soon after you send in your Sign-Up form to let you know more information about your project and any items you need to bring!

Thank you for signing up to serve!

For Questions about our LoveJC United event, or any of the listed projects, contact
Brian Rosecrance
423.747.4671
1950bjr@gmail.com

First United Methodist Church



Saturday, October 21, 2017

Project List & Sign-Up Form

Event Schedule:
8:00 a.m. Breakfast at Univ Parkway Baptist (UPB)
9:00 a.m. Projects begin
12:00p.m. Lunch at UPB

Come for breakfast!
Meet with project leaders.
Receive final instructions.
Begin with prayer.
Leave for the worksites.

Prayerfully consider what projects you would like to volunteer for and identify your 1st, 2nd, and 3rd choices on the tear off section of this form.

Service Opportunities: (most projects begin @ 9:00)

Watauga Square Apartments (Senior Low-Income Housing) 503 W. Watauga Avenue.

(Project 1): Interior Painting. 15 people
3 crews of five people each painting a single apartment – 550 sf. each. Primer coat then paint coat.

(Project 2): Assisting a blind woman. 2 Ladies
Volunteers will be applying braille labels around apt., organizing apt., and sorting clothing.

(Project 3): Provide lunch and entertainment for 45 residents. 4 people
Lunch team will work with facility director to coordinate a lunch menu and then serve the meal. A second team will sing during lunch for the residents.

Cherokee Elementary School. 2100 Cherokee Road

9am-12noon 10 people **YF**
Projects to be announced. Will do things like landscape cleanup, classroom straightening, etc.

One Acre Café. 603 W. Walnut Street

9am-4pm 3 people
Assist staff with cleaning floors and setting out mulch in outside garden beds.

Johnson City Baptist Center (Tyler Apartments). 924 Hopson Street.

9am-4pm 3 people **YF**
Projects to be announced. Will do children's activities, general cleanup, or painting.

The River. 125 W. Main Street.

9am-4pm 3 women
Cleaning, painting, and the Director's "to-do list" items.

Brookdale Assisted Living Facility.

2003 Water's Edge Drive.
1-2pm 6 people **CF**
Coloring with residents.

Lakebridge Health Care Center.

115 Woodlawn Drive
2:30-3:45pm 6 people **CF**
Coloring with residents.

The Courtyards Senior Living.

2105, 2109, 2111 E. Lakeview Drive.
10am-11am. 10 people **CF**
Coloring with residents. Team will be divided into three groups for the different places.

Dominion Senior Living. 2412 Knob Creek Road.

1:30-2:30pm 5 people. **CF**
Coloring with residents.

Laundromat Love. (Wash-A-Rama, 1003 S. Roan St.)

(Project 1): 9am-12noon 2-3 kids **CF**
(Project 2): 1-4pm 2-3 kids **CF**
Volunteers will be present at the laundromat to put quarters into machines for those arriving to wash their clothes. This is an opportunity to get to know residents better through conversation. Volunteers may offer to help with laundry to enjoy further conversation.

Boys and Girls Club. 2110 West Market Street. 9am-4pm

(Project 1): Interior Painting. 2-3 people
(Project 2): Roof Repair. 2-3 people
(project 3): Handy-Man Carpentry 2 people

Mountain View Elementary School.

907 King Springs Road. 9am-4pm YF
(Project 1): Power Washing Sidewalks. 1 person
(Project 2): Painting Exterior Handrails. 6 people
Volunteers will scrape and then paint exterior handrails while a few others power wash sidewalks and/or curbs.

South Side Elementary School

1011 Southwest Ave. 9am-12noon YF
(Project 1): Power Washing Playground Equipment 1 person
(Project 2): General Grounds Cleanup 6 people
Volunteers will plant, weed, and trim landscaping beds and/or paint handrails and will wash down and power wash the playground equipment.

Family Justice Center, 196 Montgomery Street.

9am-4pm
(Project 1): Construct wall in hallway and hang door. 3 people.
(Project 2): Paint three interior rooms each 10x10' 6-8 people.
Volunteers need to bring their own painting supplies but paint will be provided.

Tree Streets Yard Cleanup. (2 yards - TBD)

9am-4pm 5 people **YF**
Group will work on various yard related activities to clean, trim, clear, or beautify the property.

Tree Streets Neighborhood/ETSU Trash Pickup.

9am-4pm 5-10 people **YF**
Volunteers will pick up trash throughout the Tree Streets Area, around the ETSU baseball field, and along the nearby walking paths.

Salvation Army, 204 West Walnut Street.

9am-4pm 5-8 people
Volunteers will paint the Dining Hall and Admin office walls. 2-3 teams of 5-8 people each will paint the walls in these spaces. Volunteers need to bring their own painting supplies but paint will be provided.

Appalachia Service Project (Location TBD)

(Project 1): New Home Construction
9am-4pm. 5 people Ages 14+
Volunteers will continue work on an ASP local construction site. Specific details TBD.

Appalachia Service Project Warehouse Bldg.

4523 Bristol Hwy
(Project 2): Warehouse Cleanup
9am-12noon. 5 people Ages 14+
Volunteers will sort, organize, and process the different tools and equipment used this summer for ASP projects and pack them away for next year's use.

ETSU Campus House, 829 West Pine Street

9am-12noon 5 people
Volunteers will rake leaves, do general cleaning, and small interior painting work.

Cornerstone South Worship and BINGO.

213 University Parkway
(Project 1): Morning Worship/BINGO setup
9:30am-12noon 3 people
This group will organize and lead a short worship and devotional time for the residents and set up for an afternoon BINGO game.
(Project 2): BINGO game **YF**
1:30-3pm 1-2 people

Good Samaritan Ministries. 100 N. Roan Street

Building Cleaning and Painting
9am-2pm 5 people
Volunteers will work in the Good Samaritan headquarters with various organizational and cleaning tasks as well as some light painting projects.

LoveJCUnted Sign Up Form

Tear off and place with the offering or drop at church office. One person per sign-up brochure.

Requested deadline for sign-up: Sun, Sept. 17

Name: _____

Preferred Phone: _____

E-mail: _____

Indicate your 1st, 2nd, and 3rd choices with a 1, 2 or 3:

- _____ Watauga Square Painting
- _____ Watauga Square Blind Woman Assistant
- _____ Watauga Square Lunch Singing (circle one)
- _____ Cherokee Elementary School
- _____ One Acre Cafe
- _____ Johnson City Baptist Center
- _____ The River
- _____ Brookdale Assisted Living Facility
- _____ Lakebridge Health Care Center
- _____ The Courtyards Senior Living
- _____ Dominion Senior Living
- _____ Laundromat Love AM or PM (circle one)
- _____ Boys and Girls Club -- Project 1: Painting
- _____ Boys and Girls Club – Project 2: Roof
- _____ Boys and Girls Club – Project 3: Handy-Man
- _____ Mountain View – Project 1: Power Washing
- _____ Mountain View – Project 2: Painting Handrails
- _____ South Side School – Project 1: Power Washing
- _____ South Side School – Project 2: Grounds Cleanup
- _____ Family Justice Center – Project 1: Build Wall
- _____ Family Justice Center – Project 2: Paint Rooms
- _____ Tree Streets Yard Cleanup
- _____ Tree Streets Neighborhood/ETSU Cleanup
- _____ Salvation Army Painting
- _____ ASP – Project 1: Home Construction ages 14+
- _____ ASP – Project 2: Warehouse Cleanup
- _____ ETSU Campus House
- _____ Cornerstone South Worship and BINGO
- _____ Good Samaritan Cleaning/Painting
- _____ Second Harvest Food Bank
- _____ Agape Nursing Home
- _____ B'fast Cleanup/Lunch Prep-Delvr Crew
- _____ Cookie Bake for Kids
- _____ Tweetsie Trail Water Station