


ELC MENUS

Week of November 20, 2023

Waffle Peaches Milk	Cheerios* Raisins & Banana Milk	Sausage Patty Biscuit Pineapple Milk	<p>HAPPY THANKSGIVING</p>  <p>ELC will be closed on Thursday and Friday</p>
Chicken Nuggets Corn Orange Sections Bread (Wheat Bread) Milk	Grilled Cheese Sandwich (Wheat Bread) Tomato Soup Apple Wedges Milk	Turkey Casserole (turkey, stuffing) Sweet Potato Patty Peaches Pumpkin Custard Milk	
Cheese Chippies* Grape Juice	Ritz Crackers Cheese Slice Apple Juice	Graham Cracker* Milk	

Week of November 27, 2023

Cinnamon Toast (wheat bread) Pineapple Milk	Cheese on English Muffin Applesauce Milk	Waffle* Pears Milk	Bran Flakes* Raisins & Banana Milk	Egg Wheat Bread* Peaches Milk
Pizza Green Beans Applesauce Milk	Homemade Chili (ground beef,beans) Mozzella Cheese French fries Peaches Crackers Milk	Sloppy Joe (Ground Turkey) Bun Corn Pineapple Milk	Cheese Ravioli Cheese Wedge Mixed Vegetables Fruit Salad Milk	Chicken Fajita (Soft Taco)* Peas Pears Milk
Orange Slices 100% Orange juice Triscuit Crackers*	Kix* Milk	Ritz Crackers Cheese Slice 100% Apple Juice	Homemade Muffin Milk	Pineapple Yogurt

Week of December 4, 2023

Bagel Applesauce Milk	Scrambled Egg English Muffin Pears Milk	Pancake Pineapple Milk	Cottage Cheese Wheat Bread Peaches Milk	Oatmeal* Wheat Bread Raisins & Banana Milk
Chicken Nuggets Mixed Vegetables Orange Sections Wheat Bread* Milk	Cheese Quesadilla (cheese, soft taco*) Green Beans Pineapple Milk	BBQ Chicken Corn Peaches Biscuit Milk	Hard-boiled Egg Broccoli with Cheese Sauce Pears Roll Milk	Fish Nugget Tatar Tots Fruit Salad Hush Puppy Milk
Chex Mix* 100% Grape Juice	Homemade Loaf Bread Milk	Ritz Crackers Cheese Wedge 100% Orange- Pineapple Juice	Cinnamon Tortilla* Milk	Cheese Toast (Wheat Bread) 100% Apple Juice

* Whole Grain

Fruit Salad will be a combination of pears, peaches, and pineapple and will vary.

Whole Milk is served to children aged 1-2; 1% Milk is served to children ages 3-5. All milk is non flavored.

Any special milk requests must be submitted with a doctor's note.

All juices are 100% juice. We serve Kroger Carbmaster Low Fat Vanilla Yogurt.


Week of December 11, 2023

Biscuit Banana Milk	Sausage Patty Wheat Bread Peaches Milk	Cheese Toast (Wheat Bread) Applesauce Milk	Waffle* Pineapple Milk	Scrambled Egg English Muffin Fruit Cup Milk
Macaroni* & Cheese Green Beans Applesauce Milk	Tuna Melts (tuna, cheese, english muffin) Cooked Carrots Peaches Milk	Pork Barbeque Whole Wheat Bun Peas Pears Milk	Chicken Pot Pie (chicken, mixed vegies, biscuit) Orange Sections Milk	Beefaroni (noodles*, beef, cheese) Baked Apples Corn Milk
Pizza Bagel 100% Orange- Pineapple Juice	Mini Wheat Cereal* Milk	Triscuit Crackers* Cheese 100% Grape Juice	Cottage Cheese 100% Apple Juice	Cinnamon Bread Milk

Week of December 18, 2023

Cinnamon Raisin Bread Applesauce Milk	English Muffin Apple Butter Peaches Milk	Pancake Pineapple Milk	Cheerios* Bananas Raisin Milk	Bagel Cream Cheese Pineapple Milk
Ham Slice Sweet Potato Patty Pineapple Biscuit Milk	Meat Loaf (ground beef) Mashed Potatoes Pears Roll Milk	Taco (cheese, turkey, soft shell*) Green Beans Peaches Milk	Chicken Tenders Wheat Bread Tator Tots Fruit Salad Milk	Salmon Noodle* Casserole Peas Fruit Salad Milk
Yogurt Wheat Thin Crackers*	Rice Cake* Cheese Slice 100% Grape Juice	Ritz Crackers Cheese Slice 100% Apple Juice	Pretzels 100% Orange Juice	Kix Cereal* Milk

Week of December 25, 2023

 <p>ELC will be closed on Monday and Tuesday</p>	Waffle* Peaches Milk	Cheerios* Raisins & Banana Milk	Sausage Patty Biscuit Pineapple Milk
	Chicken Nuggets Corn Orange Sections Bread (Wheat Bread) Milk	Grilled Cheese Sandwich (Wheat Bread) Tomato Soup Apple Wedges Milk	Homemade Beef Vegetable Soup (ground beef, mixed vegetables) Cheese Cube Pineapple Saltines Milk
	Ham and Cheese Rollup* 100% Apple Juice	Cinnamon Bread Milk	Graham Cracker* Milk

* Whole Grain

Fruit Salad will be a combination of pears, peaches, and pineapple and will vary.
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Any special milk requests must be submitted with a doctor's note.
All juices are 100% juice. We serve Kroger Carbmaster Low Fat Vanilla Yogurt.